

Xavier Valle, MD, MS, PhD

Sport Physician



Education

- **PhD**, MLG-R: A New Muscle Injury Classification
Universitat Autònoma de Barcelona, 2023
International Mention, CUM LAUDE, Extraordinary Doctorate Awards
- **MSc**, Investigation in Clinical Sciences
University of Barcelona, 2010-2011
- **MSc**, Physical Activity and Sports Performance
University of Balears, 1999
- **MD**, Medicine and Surgery
Universitat Rovira i Virgili, 1989-1996

Professional Experience

- **Sport Physician / Ultrasound Expert**
ICATME-DEXEUS, Since May 2021
Focus: Musculoskeletal injuries diagnosis and rehabilitation.
- **Team Doctor**
FC Barcelona, 2004-2024
Involved in various professional sports teams including basketball, roller hockey, and football.
- **Assistant Professor**
Sports Medicine School, University of Barcelona, 2004-2017
Lectured on sports medicine topics and coordinated educational programs.

- **Consultant**
Sports and Exercise Medicine, EMEFiE del Hospital Clínic, University of Barcelona, 2001-2004
 - **Previous Medical Roles**
National Teams and Clubs: Medical services for Spanish Volleyball Team, Taekwondo Federation, and Catalan Wrestling Team.
-

Skills and Expertise

- Comprehensive experience in muscle, tendon, and ligament injuries
 - Proficiency in musculoskeletal ultrasound and invasive procedures
 - Strong knowledge in sports performance, injury prevention, and rehabilitation strategies
-

Affiliations

- Former Chair and Board Member, ECOSEP (European College of Sports and Exercise Physicians)
 - Vice-President, AEMEF (Spanish Society of Football Team Doctors)
 - Member, BASEM, FEMEDE, SCME, and Sports Medical Council COMB
-

Awards

- Award for Best Publication, Ramon Balius i Juli, 2018
 - Academic Scholarship, MSc in Physical Activity and Sports Performance
-

Publications

<https://pubmed.ncbi.nlm.nih.gov/?term=Valle%2C+Xavier%5BAuthor%5D&sort=date>

Languages

- English: Fluent
- Spanish & Catalan: Native
- French: Advanced (currently requires refresh)
- German: Basic medical terminology